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(54) Sustained release composition

(57) The composition comprises an active agent in admixture with (a) microcrystalline cellulose and (b) hydroxypropyl methylcellulose wherein the weight ratio of (a) to (b) is at least 1 to 1. Aspirin is the preferred active agent.

SPECIFICATION

Sustained release pharmaceutical compositions

	Sustained release pharmaceutical compositions	
5	This invention relates to sustained release pharmaceutical compositions. We have surprisingly found that a solid oral sustained release formulation may be produced from the readily available and widely approved exciplents microcrystalline cellulose and hydroxy-propyl methylcellulose.	5
0	The invention accordingly provides in one aspect a sustained release pharmaceutical composition comprising a pharmacologically active agent in admixture with a) microcrystalline cellulose and b) hydroxypropyl methylcellulose wherein the weight ratio of a) to b) is at least 1 to 1. With the proviso that when the active agent is other than acetylsalicylic acid in free form or salt form	10
15	In another aspect the invention provides a process for the production of a sustained release pharmaceutical composition which comprises mixing a pharmacologically actige agent and a) microcrystalline cellulose and b) hydroxypropyl methylcellulose wherein the weight ratio of a) to b) is at least 1 to 1. With the proviso that when the active agent is other than acetylsalicylic acid in free form or salt form the active agent is also in admixture with pregelatinized starch.	15
20	A wide variety of pharmacologically active agents (hereinafter magents) may be used. These may include water-soluble or water-insoluble compounds. The agents may be moisture sensitive or not. The dosage of agent may vary between wide limits. Percentative active agents include analogsics, anti-pyretics, anti-inflammatories, anti-histam-	20
25	ines, anti-hypertensives, vasodilators, tranquillizers, anti-depressants, neuroleptics, vasoconstrictors, anti-convulsants, anti-asthmatics; etc. The invention is exemplified hereinafter by reference to acetylsalicylic acid (hereinafter ASA) but it is to be understood that it is applicable to any active agent. The ASA is preferably in the form of the free acid. Alternatively it may be in the form of a	25
30	salt, e.g. a sodium or calcium salt. The ASA is preferably in the form of fine crystals e.g. of particle size under 40 mesh, e.g. 5 to 40 mesh. Preferably the mean polymerisation number of the microcrystalline cellulose is from about 200 to 2000, preferably 200 to 300. Preferred mean molecular weights are from about 20,000 to	30
35	about 100,000 e.g. 30,000 to 50,000. Preferably the mean particle size is from about 3 to about 140 microns. Preferably the particle size-form 20 to 100 microns, e.g. to 80 microns. Conveniently the specific gravity is about 1.40 to 1.60. Conveniently the microcrystalline cellulose is obtained by mechanical treatment of glucose-based polysaccharides, e.g. native cellulose,	35
40	optionally with acidic treatment. Preferred forms are the AVICEL brand (Registered Trade Mark of FMC Corporation). Conveniently the methoxy content of the hydroxypropyl methylcellulose is from about 15 to about 34 per cent by weight, preferably from about 19 to 30, especially 19 to 24, per cent by weight. Preferably the hydroxypropyl content is from about 4 to about 32 per cent by weight, preferably from 4 to 12 per cent by weight.	_. 40
45	120,000	45
50	Preferred forms of hydroxypropyl methylcellulose are those available under the brand names of Methocel A, K and E from the Dow Chemical Company Michigan. Preferably the weight ratio of microcrystalline cellulose to hydroxypropyl methylcellulose is from about 10:1 to 1:1, e.g. 3:1 to 1:1, e.g. 3:1 to 2:1. Preferably the weight ratio of microcrystalline cellulose to agent is from 1:5 to 1:10, e.g. 1:6 to 1:7.5, especially 1:6.5 to 1:7. Conveniently pregelatinized starch is present. Conveniently the	50
58	starch is soluble to an extent of about 5 to 25, e.g. 10 to 20, per cent by weight in cold water. Suitably the pregelatinized starch is made by reacting starch, preferably corn starch (based on 80 per cent amylopectin moieties and 20 per cent amylose moieties) so as to break down hydrogen bonding between the amylose and amylopectin moieties therein. Conv niently the product contains from 60 to 85 per cent by weight of corn starch, the remainder being free	55
60	amylose and amylopectin. Preferably the weight ratio of pregelatinized starch to hydroxypropyl methylcellulose is from about 1:1 to about 1:5, e.g. to about 1:2. Naturally other excipients may be present. These excipients may be those convintionally used in pharmaceutical formulations, such as anti-frictional agents, e.g. lubricants such as stearic acid or magnesium stearate, and glidants such as silicon dioxide, anti-adherents, soluble fillers such	60
6!	as lactose, flavouring agents and colourants.	65

	about 0.4:1, e.g. from about 2:1 to 4:1. Conveniently the hydroxypropyl methylcellulose content is from about 5 to 10 per cent of the total weight, e.g. 6 to 9 per cent, especially 6.5 or 8.5 per cent.	
5	The pharmaceutical composition is preferably in solid form. Preferably it is in a unit dose form. Conveniently it is in the form of a tablet. Conveniently the amount of ASA per unit dose is from 300 to 400 mg or 600 to 700 mg. Such pharmaceutical compositions may be produced by techniques well known in the art. Tablets are preferably compressed to a hardness of from about 8 to 12 kiloponds (based on	5
10	manner.	10
15	In a typical trial ASA pharmaceutical compositions of the invention are administered at 7 am, 3 pm, 11 pm or 7 am and 7 pm. Immediate release ASA compositions are administered at 7 am, 11 am, 3 pm, 7 pm and 11 pm, as reference formulations. Free and total salicylic acid (SA) may be measured in conventional manner by HPLC (essentially that of Hamson et al, J.Pharm.Sci. (1980) 69 1268).	15
20	Free SA detection method Heparinized blood samples are collected. Plasma is separated within 15 minutes of drawing blood, divided into 2 portions and placed in polypropylene tubes sealed with colour-coded polypropylene plugs.	20
25	0.5 ml Samples are acidified with 1 drop of concentrated phosphoric acid for a few minutes, and extracted with toluene/ethyl acetate (50:50). The extracts are analysed using reverse phase HPLC with UV detection at 305 mm using 3,4-dimethoxy-benzoic acid as internal standard. The method gives a minimum quantifiable level of 0.1 microgram per millilitre of free SA.	25
30	Total SA detection method Total SA is determined from urine as salicylic acid. Each 1 ml urine sample was mixed with 1 ml of concentrated hydrochloric acid, sealed and heated for 16 hours at 98°C. The sample is allowed to cool. 1 ml acetonitrile is added containing the internal standard. The samples are subjected to HPLC analysis and the SA detected by ultra-violet spectroscopy at 313 mm. The bioavailability trials are preferably continued for at least eight days. Further details are	30
35	apparent from the trials described hereinafter. The measured mean salicylate concentrations show an unexpectedly high availability of free salicylate in the blood from the pharmaceutical compositions of the invention, especially at anti-inflammatory therapeutic levels. The trials as described hereinafter show the non-linearity of ASA kinetics since the 0–8 hour AUC for free salicylate for a dose of 3.9 gram ASA (1300 mg ASA given 3 times a day in Trial A) at a dose of 3.9 g ASA is disproportionately higher than that for 2.6 gram ASA (1300 mg	35
40	given twice a day in Trial B). The urine excretion data show that for doses of 2.6 g ASA and 3.9 g ASA the cumulation excretion of total SA is similar and indepedent of dose. These results suggest that at high doses of ASA at which an anti-inflammatory effect occurs there is a constant saturation of metabolic pathways (as indicated by the dose-independent	40
45	cumulative urinary excretion values). We have found that the plasma concentration of free SA increases disproportionately to the dose at high doses of ASA. We believe that this may be due to a combination of the effect of clearance of the unbound ASA and the ratio of protein-bound SA to unbound SA in plasma. When metabolism is saturable clearance should decrease but when protein binding is saturated clearance increases. Therefore the steady state concentration of free SA may depend on the magnitude of each of these two effects.	45
50	The pharmaceutical compositions of the invention have a longer elimination half life (e.g. greater than 9 hours) than that of immediate release ASA pharmaceutical compositions. In the case of immediate release ASA compositions large peak-to-trough ratios of free SA may occur which may provide periods of increased metabolism of SA resulting in lower steady state levels. The pharmaceutical compositions of the invention on the other hand provide therapeutic concen-	50
55	trations of SA at lower daily doses than immediate release ASA pharmaceutical compositions, and have less GI-irritating potential.	55
60	The pharmaceutical compositions of the invention may be administered for all indications that ASA is indicated for, in particular pains of rheumatism, arthritis, lumbago, neuralgia, neuritis, sciatica and bursitis (anti-inflammatory indications), fever and cerebral ischemic attacks. For anti-inflammatory indications a dose of about 600 to 1300, e.g. 650 to 1300 mg, ASA every 8 to 12 hours is satisfactory. Daily doses contemplated are from about 2.6 to about 3.9 g. Analgesic and anti-pyretic indicated doses are from about 300 to about 700 mg, e.g. 325 to 650 mg. For rheumatic fever daily doses of 100 mg ASA/kg body weight may be given in divided doses every 8 to 12 hours to counteract pain, swelling and fever. For cerebral ischemic	60
65	attacks an indicated dose is 650 mg every 12 hours. In another aspect the present invention provides an oral solid pharmaceutical composition	65

Kiloponds (Heberlein method).

Dissolution release data (average of 6 tablets) in water at 37°C.

comprising at least 300 mg acetylsalicylic acid in sustained release form and capable of providing in the steady state on administration of an acetylsalicylic acid daily dose of 2.6 g in divided doses 2 or 3 times a day a significantly higher blood plasma free salicylic acid concentration than that obtained on administration of immediate release acetylsalicylic acid tablets at the same 5 daily dose in divided doses every 4 hours. Conveniently the pharmaceutical composition contains 300 to 700 mg ASA and has dissolution rate at 37°C in water of from 15 to 40 per cent in 1 hour and not less than 70% at 8 hours. Preferably in 1 hour from 20 to 35 per cent is released. Conveniently at 8 hours from 70 to 10 10 90 per cent e.g. 80 to 90 per cent is released. The following examples illustrate the invention. In the Examples: Microcrystalline cellulose has a molecular weight of from 30,000 to 50,000: mean particle size 30-100 microns; specific gravity 1.55; tap volume 0.30 to 0.80. The material used was the 15 brand Avicel PH 102 (Registered Trade Mark) available from FMC Corporation, Marcus Hook, 15 USA. It complies with specifications given for microcrystalline cellulose in USP/National Formulary XXI. Hydroxypropyl methylcellulose 2208 has a number average molecular weight of 120,000; viscosity approx. 15,000 cps: a 19-24 per cent by weight methoxyl content and a 4-12 per 20 cent by weight hydroxypropyl content. Used was brand Methocel K15M Premium (Registered 20 Trade Mark) available from Dow Chemical Company Michigan USA. It complies with specifications given for hydroxypropyl methylcellulose 2208 in USP XXI. Pregelatinized Starch is a modified corn starch and comprises 5 per cent amylose, 15 per cent amylopectin and 80 per cent unmodified corn starch. It is partially cold water soluble. The 25 material used was the brand Starch 1500 (Registered Trade Mark) available from Colorcon Inc., 25 West Point, Pennsylvania, USA. It complies with the specifications given for pregelatinized starch in USP/National Formulary XXI. Colloidal silicon dioxide was the brand Cab-O-Sil (Registered Trade Mark) available from Cabot Corporation, Boston, Mass. USA. It complies with the specifications given in USP/National 30 30 Formulary XXI. The ASA used are 40 mesh crystals. The immediate release formulation used as reference in the bioavailability trials was brand Bayer Aspirin (Registered Trade Mark). Further specifications for the above products are available in Manufacturer's brochures and in Lexikon der Hilfsstoffe by H.P. Fiedler, Second Edition 1981, Editio Canton, Aulendorf, W.Ger-35 35 many. All other ingredients used meet the specifications laid down by the USP XXI. EXAMPLE 1: 325 mg ASA tablets mg/tablet 40 40 325.000 ASA 47.500 Microcrystalline cellulose 27.625 Hydroxypropyl methylcellulose 45 22,100 Pregelatinized Starch 2.125 Stearic Acid Colloidal Silicon Dioxide 0.650 50 50 A charge to make up 1 million tablets is made up as follows:-The above quantities are multiplied by 1 million, e.g. 325 kg acetylsalicylic acid are used. 50 kg of acetylsalicylic acid are mixed with the silicon dioxide. The remaining acetylsalicylic acid, hydroxypropyl methylcellulose, silicon dioxide/acetylsalicylic acid mixture, microcrystalline cellu-55 55 lose and pregelatinized starch are introduced in an alternating fashion into a 30 cubic feet twin shell blender. Mixing is effected for 15 minutes. 40 kg of the mixture is removed. The remaining mixture is passed through a 20 mesh (aperture size 1.00 mm; wire diameter 0.63 mm) stainless steel screen on an oscillating granulator. The 40 kg unscreened mixture and the stearic acid are mixed for 5 minutes, screened through a 20 mesh stainless steel screen as described above 60 60 with an oscillating granulator, and mixed with the previously screened mixture. Mixing is effected for 15 minutes using a tumbling action to produce a granulate. The granulate is then tabletted on a rotary tablet press. Tablet weight 425 mg. Thickness 4.68-4.85 mm. Hardness 8-12

CD	2	10	000	Λ.	٠,

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		Per cent release	∍ of ASA				
	·	Lot 1	Lot 2				
5	l hour	23.1	30.3	5			
5	2 hour	39.4	45.4	Ū			
	3 hour	51.2	57.0				
10	4 hour	61.4	65.9	10			
10	6 hour	72.5	76.5				
	8 hour	80.7	86.6				
15	12 hour	87.1	93.6	15			
	EXAMPLE 2: 650 mg ASA tablets In analogous manner to that discl	locad in Evernals 1 ere ar	adveed teblote each containing:				
20	in analogous marmer to that disci			20			
		mg/tabl					
	ASA	650.000					
25	Microcrystalline cellu		1	25			
	Hydroxypropyl methylce						
	Pregelatinized Starch	44.20					
30	Stearic Acid	4.25		30			
	Colloidal Silicon Diox	ide 1.30					
	The batch size is for 500,000 tablets. The resultant tablets have a weight each of 850 mg and						
35	thickness 6.25 to 6.40 mm. Dissolution release data (average	of 6 tablets) in water at	37 °C:—	35			
Per cent release of ASA							
		Lot 1	Lot 2				
40	1 hour	21.5	26.8	40			
	2 hour	34.4	39.9				
	3 hour	44.2	49.8				
45	4 hour	53.4	57.7	45			
	6 hour	66.1	69.0				
	8 hour	75.7	77.1				
50	12 hour	86.9	85.7	50			
55	day The pharmaceutical composition of was administered at a dose of 2 ta	of the invention described ablets to 12 healthy male		55			
60	7 am to 11 pm on days 1 to 8 and 3.25 g ASA.	was given at a dose of a dose of a dose of a dose of a dose on and an an on a dose students in a 9 day students.	325 mg tablets every 4 hours from day 9. The total daily dose was dy session according to a random	60			

sequence. The wash-out period at the end of the study session was 6 days.

Blood samples were obtained on day 8 at 7 am (pre-dose) and 11 am (pre-dose) and on day 65 9 at 7 am (pre-dose) and 1, 2, 3, 4 (pre-dose) in the case of the immediate release formulation),

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5	5, 6, 8, 10 and 12 hours following drug administration at 7 am. Statistical evaluation for both formulation on days 8 and 9 indicated that both were at the steady state for the day 9 bioavailability study. The results obtained for the measurement of free plasma salicylate in the blood were as follows (REFERENCE=immediate release formulation):—						
	Results:	· '	•				
10	Day 9 (Steady-State)			10			
15	Sampling Time (hour)	3.9 G/day EXAMPLE 2 2 x 650 mg q8h	3.25 G/day REFERENCE 2 x 325 mg q4h	15			
20	0	113.90 <u>+</u> 56.14* 117.91 <u>+</u> 56.02*	56.29 <u>+</u> 36.90 68.55 <u>+</u> 37.07	20			
25	2.00 3.00 4.00 5.00	114.17 <u>+</u> 57.27* 118.58 <u>+</u> 61.07* 117.15 <u>+</u> 59.25* 115.66 + 58.85*	72.53 <u>+</u> 31.12 68.54 <u>+</u> 39.81 54.49 <u>+</u> 32.29 67.02 + 27.50	25			
30	6.00 8.00 10.00	111.82 ± 57.34* 94.20 ± 57.19* 82.82 + 49.36*	64.28 <u>+</u> 21.55 54.57 <u>+</u> 29.53	30			
35	12.00 * The two formulati	68.11 <u>+</u> 52.07*	30.02 <u>+</u> 23.23	35			
40	level or greater. 10 Pharmacokinetic Indices for Salicylate at Steady-State (Day 9) EXAMPLE 2 REFERENCE 2 x 650 mg q 8 h 2 x 325 mg q4h						
45	0 - 8 hr AUC (mcg-hrs/mL) 902.35 \pm 456.88* 510.26 \pm 227.46 Cmax (mcg/mL) 128.00 \pm 60.54* 83.81 \pm 33.20						
50	Tmax (hours) t 1/2 (hours) Kel (hours-1)1)	3.08 ± 10.15 ± 0.09 ±		50			
55	* Statistically dif * Calculation on num 1) Elimination con-	mbers after second		55			
60	Relative 0 - 8 hr Al Relative C _{max} (%)	UC (%) 177.26	+ 57.61 + 47.92	60			

Evaluation of results
Statistical evaluation of steady-state plasma salicylate concentrations using appropriate statistical tests (paired t-tests) showed significantly higher plasma concentrations for the Example 2

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formulation at every time point. The increase in plasma free salicylate levels is greater than predicted even if a 3.9 gram dose of the reference formulation had been administered. Statistical evaluation showed that the mean 0-8 hours AUC and mean Cmax were significantly higher for the Example 2 formulation. Adjustment of the mean 0-8 hour AUC to a 3.9 g/dose for each 5 product provides an estimated relative bioavailability of the Example 2 formulation of the inven-5 . tion of 147 per cent that of the reference product. The Example 2 formulation of the invention showed a significantly longer half-life and smaller K,1. The total salicylate concentration in urine was measured over 24 hours on day 9. Values obtained for the Example 2 formulation were 1488.42 ±531.08 mg and for the reference 10 10 formulation 1265.97 ±572.16 mg. These values are similar. Trial B: Steady-State Bioavailability of 1300 mg ASA according to the invention administered twice a The Example 2 formulation (650 mg ASA tablet) was administered at a dose of 2 tablets to 6 15 healthy male volunteers. 3 of whom had completed the previous trial A at 7 am and 7 pm for 8 days with a final dose at 7 am on day 9. The total daily dose of ASA was 2.6 g. The protocol was the same as that discussed above except for the lower dose. Statistical evaluation on day 8 and day 9 indicated that the steady state had been achieved by 20 20. day 9. The results obtained up to 12 hours after drug administration are given below: Day 9 (Steady-State) Mean Plasma Salicylate Conc. (mcg/mL) 25 25 Sampling Time Example 2 (hour) $2 \times 650 \text{ mg q} 12h$ 30 30 49.70 + 21.160 1.0 54.82 + 22.752.0 58.72 + 22.5335 35 3.0 62.19 + 23.3159.90 + 23.184.0 55.87 + 25.845.0 40 55.18 + 22.0440 6.0 47.22 + 24.778.0 42.98 + 24.1910.0 45 34.72 + 20.0945 12.0 The 0-8 hour AUC was calculated as 466 ± 182.46 mcg-hours/ml. C_{max} was 64.11 ± 21.78 (mcg/ml). The results indicate that the dose of 2.6 g ASA given as a dose of 1300 mg ASA twice a 50 day in a formulation according to the invention provides comparable plasma free salicylate levels to the immediate release formulation at a dose of 3.25 g ASA given as a dose of 650 mg ASA Urine total SA concentrations are also measured over a 24 hour period. The cumulative total 55 55 SA was 1322 ± 162 mg. This value is similar to the values found in Trial A.

 A process for the production of a sustained release pharmaceutical composition which comprises mixing a pharmacogically active agent and a) microcrystalline cellulose and b) hydroxy-60 opropyl methylcellulose wherein the weight ratio of a) to b) is at least 1 to 1. With the proviso

that when the active agent is other than acetylsalicylic acid in free form or salt form the active

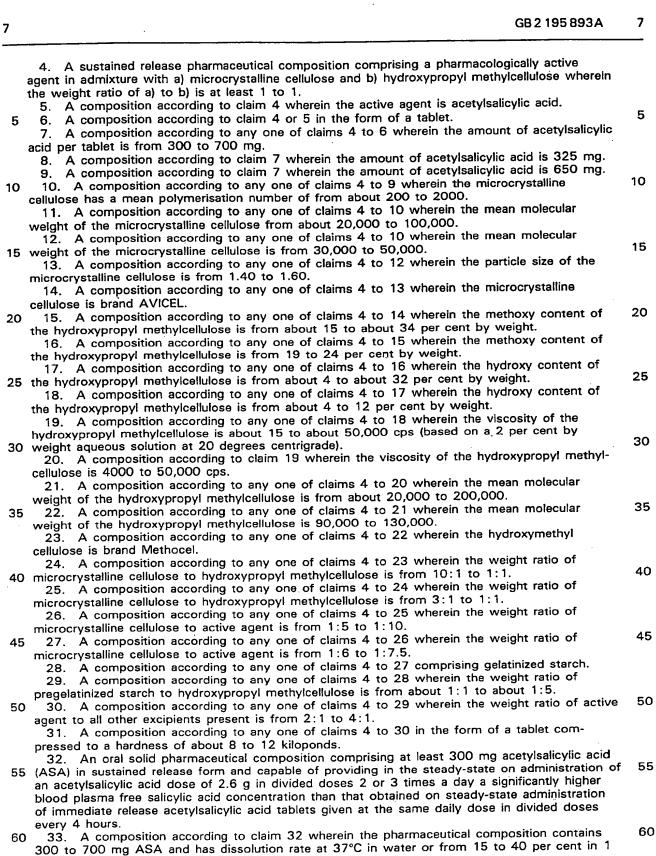
A process according to claim 2 wherein tablet unit dosage forms are produced containing

2. A process according to claim 1 wherein the active agent is acetylsalicylic acid.

agent is also in admixture with pregelatinized starch.

65 from 300 to 700 mg acetylsalicylic acid.

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34. A composition according to claim 32 or 33 wherein the composition is in the form of a

35. A composition according to claim 32, 33 or 34 wherein the composition is in the form

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hour and not less than 70% at 8 hours.

tablet.

of a tablet compressed to a hardness of about 8 to 12 kiloponds.

36. A composition according to claim 35 wherein the composition is characterised by a feature of any one of the claims 4 to 30.

37. A composition substantially as hereinbefore described with reference to any one of the examples.

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